



STRENGTHENING FAMILIES PROGRAM

SFP Group Leader Training Agenda

SFP(B-5)

Your Agency
Your Location

Your Training Dates

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Day One

9:00 Introductions and Expectations

9:30 Parenting as Prevention: A Framework for Evidence-based Practice & Delivering SFP

10:15 BREAK

10:30 SFP in Practice: Implementing with Fidelity

11:15 Recruiting and Retaining Families

11:45 Review of SFP Course Materials

12:00 LUNCH

12:30 Developmental Milestones Birth to Three Years

1:00 Overview of Family Skills Training – Playgroup

1:15 SFP Family Bonding Skill: Child's Game

1:45 BREAK

2:00 SFP Family Communication & Organization Skills

2:30 SFP Parental Supervision Skill: Parent's Game

3:00 Day Two Practice Sessions: Parent Session 1 Demonstration & Sign-ups

3:30 Preparing for Day Two: Home Practice

4:00 Training Ends

Day Two

9:00 Review of Home Practice: Child's Game

9:45 SFP Groups: Suggestions on Skills Group and Group Rules

10:15 BREAK

10:30 Overview of SFP Birth–3 Parent Curriculum

10:45 Parent Session 4: Role Play

11:30 Parent Session 7: Role Play

12:15 LUNCH

12:45 Overview of SFP 3–5 Child Curriculum

1:00 SFP 3–5 Session 3: Role Play

1:30 SFP 3–5 Session 9: Role Play

2:00 Discipline Discussion

2:30 Fidelity and Effective Implementation: When and How to Adapt, Modify SFP

3:00 What's Not Clear & Next Steps

3:30 Training Ends

This is a typical agenda. Each training is tailored to your agency, your staff and the families you serve.

To plan your training: purveyor@strengtheningfamiliesprogram.com • (240) 460-3931